

NEW ACTIVITIES STARTING THIS MONTH ARE SHOWN IN ORANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Easter Monday (Bank Holiday)	2 10:00-14:00 Advice and Support 14:30-15:30 Yoga	3 11:00-12:30 Managing Stress and Anxiety (last session)	4 10:00-12:00 Wellbeing Brunch Café 12:30-13:30 Self-Protection (GURC) 15:00-16:00 Football (Surrey Sports Park)	5 11:00-12:00 Pygmy Goat Yoga (Godalming) 12:00-13:00 Active Zone Gym (Guildford College)
8 13:00-14:00 Therapeutic Dance (Last session) 14:00-15:00 Yoga (Well & Good, Godalming)	9 10:00-14:00 Advice and Support 14:30-15:30 Yoga	10 Please check online activities	11 10:00-12:00 Wellbeing Brunch Café 12:30-13:30 Self-Protection (GURC) (last session) 15:00-16:00 Football (Surrey Sports Park)	12 12:00-13:00 Active Zone Gym (Guildford College) 14:00-15:30 Fresh Spring Flower Arrangement 14:00-17:00 Youth Group
15 14:00-15:00 Yoga (Well & Good, Godalming)	16 10:00-14:00 Advice and Support 14:30-15:30 Yoga	17 Please check online activities	18 10:00-12:00 Wellbeing Brunch Café 12:30-13:30 Karate (GURC) 15:00-16:00 Football (Surrey Sports Park)	19 12:00-13:00 Active Zone Gym (Guildford College) 14:00-17:00 Youth Group
22 13:45-15:15 Man In The Moon Drama Workshop (Wilfred Noyce, Godalming) 14:00-15:00 Yoga (Well & Good, Godalming)	23 10:00-14:00 Advice and Support 14:30-15:30 Yoga	24 12:00-13:00 Weave & Stitch	25 10:00-12:00 Wellbeing Brunch Café 12:30-13:30 Karate (GURC) 15:00-16:00 Football (Surrey Sports Park)	26 11:00-12:30 Mother Nature Circle 12:00-13:00 Active Zone Gym (Guildford College) 14:00-17:00 Youth Group
29 14:00-15:00 Yoga (Well & Good, Godalming)	30 10:00-14:00 Advice and Support 14:30-15:30 Yoga			

ALL ACTIVITIES ARE AT OAKLEAF UNLESS STATED

For all enquiries or to register for an activity please call Sophie on 01483 303649 OR email sophieclark@oakleaf-enterprise.org