

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 10:30-11:30 Express Yourself Through Sketching (Oakleaf/Upholstery) 12:00-13:00 ActivZone Gym (Guildford College) 14:30-15:30 Puzzle & Lego Club (Oakleaf Upholstery) 18:00-19:00 LGBTQ + Peer Support Group (online)
4 Bank Holiday/Office Closed	5 10:00-11:00 Building confidence and Self-esteem (Oakleaf/Training Room) 11:30-12:30 Walking Club (start from Oakleaf) 15:30-16:30 Activity Calendar & Booking Drop-in (Oakleaf, Safe Haven)	6 12:00-13:30 The Crafty Collective (Oakleaf/Upholstery) 18:30-20:00 Parents and Carers Wellbeing Group (Oakleaf, Training Room)	7 10:00-12:00 Wellbeing Brunch Café 12:30-13:30 Tasio (Guildford United Reformed Church) 14:30-17:00 Glorious! Matinee at The Yvonne Arnaud Theatre 17:30-18:30 Mindful Moments (Online)	8 10:30-11:30 Express Yourself Through Sketching (Oakleaf/Upholstery) 12:00-13:00 ActivZone Gym (Guildford College) 14:30-15:30 Puzzle & Lego Club (Oakleaf Upholstery) 18:00-19:00 LGBTQ + Peer Support Group (online)
11 11:00-12:00 Yoga with Jim (Surrey Sport Park-Active Wellbeing Suite) 13:00-14:00 Grief and Bereavement (online) 16:00-17:15 My Creative Journey (Online)	12 10:00-11:00 Building confidence and Self-esteem (Oakleaf/Training Room) 11:30-12:30 Walking Club (start from Oakleaf) 15:30-16:30 Activity Calendar & Booking Drop-in (Oakleaf, Safe Haven)	13 12:00-13:30 The Crafty Collective (Oakleaf/Upholstery) 15:45-16:45 Oakleaf Choir (Oakleaf/Upholstery) 18:30-20:00 Parents and Carers Wellbeing Group (Oakleaf, Training Room)	14 10:00-12:00 Wellbeing Brunch Café 12:30-13:30 Tasio (Guildford United Reformed Church) 14:00-15:30 LGBTQ Meet Up Café (Oakleaf/Meeting Room) 17:30-18:30 Mindful Moments (Online)	15 10:30-11:30 Express Yourself Through Sketching (Oakleaf/Upholstery) 12:00-13:00 ActivZone Gym (Guildford College) 14:30-15:30 Puzzle & Lego Club (Oakleaf Upholstery) 18:00-19:00 LGBTQ + Peer Support Group (online)
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25 Bank Holiday/Office Closed	26 10:00-11:00 Building confidence and Self-esteem (Oakleaf/Training Room) 11:30-12:30 Walking Club (start from Oakleaf) 15:30-16:30 Activity Calendar & Booking Drop-in (Oakleaf, Safe Haven)	27 12:00-13:30 The Crafty Collective (Oakleaf/Upholstery) 15:45-16:45 Oakleaf Choir (Oakleaf/Upholstery) 18:30-20:00 Parents and Carers Wellbeing Group (Oakleaf, Training Room)	28 10:00-12:00 Wellbeing Brunch Café 12:30-13:30 Tasio (Guildford United Reformed Church) 17:30-18:30 Mindful Moments (Online) (Last Session)	29 10:30-11:30 Express Yourself Through Sketching (Oakleaf/Upholstery) 12:00-13:00 ActivZone Gym (Guildford College) 14:30-15:30 Puzzle & Lego Club (Oakleaf Upholstery) 18:00-19:00 LGBTQ + Peer Support Group (online)

For all enquiries or to register for an activity please email mariannkallai-walker@oakleaf-enterprise.org OR call 01483 303649

MAY 2026

WELLBEING ACTIVITIES CALENDAR

ACTIVITIES IN WAVERLEY - NEW ACTIVITIES STARTING THIS MONTH ARE SHOWN IN BLUE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4 14:30-15:30 Creative Writing (Wilfrid Noyce-Oglethorpe Room, Godalming)	5	6 10:00-11:00 Managing Stress and Anxiety (Ockford & Aaron Hill Hub, Godalming) 13.45-14:45 Yoga for All (Surrey Holistic Centre of Functional Medicine, Godalming)	7	8
11 14:30-15:30 Creative Writing (Wilfrid Noyce-Oglethorpe Room, Godalming) (Last Session)	12	13 10:00-11:00 Managing Stress and Anxiety (Ockford & Aaron Hill Hub, Godalming) 13.45-14:45 Yoga for All (Surrey Holistic Centre of Functional Medicine, Godalming)	14 10:30-11:30 Botanicals (Cranleigh Methodist Church)	15
18	19	20 10:00-11:00 Managing Stress and Anxiety (Ockford & Aaron Hill Hub, Godalming) 13.45-14:45 Yoga for All (Surrey Holistic Centre of Functional Medicine, Godalming)	21 10:30-11:30 Botanicals (Cranleigh Methodist Church) (Last Session)	22
25 Bank Holiday/Office Closed	26	27 10:00-11:00 Managing Stress and Anxiety (Ockford & Aaron Hill Hub, Godalming) 13.45-14:45 Yoga for All (Surrey Holistic Centre of Functional Medicine, Godalming)	28	29

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