

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>10:00-11:00 Table Tennis (Oakleaf, Training Room)</p> <p>11:00-12:00 Yoga with Jim (Surrey Sport Park-Active Wellbeing Suite)</p> <p>13:00-14:00 Grief and Bereavement (online)</p> <p>No My Creative Journey session</p>	<p>2</p> <p>10:00-11:00 Building confidence and Self-esteem (Oakleaf/Training Room)</p> <p>13:00-15:00 Tabletop Gaming Club (Oakleaf/Training Room)</p> <p>19:30-20:30 Stress Workshop -Support Group with Peter (online)</p>	<p>3</p> <p>12:00-13:30 The Crafty Collective (Oakleaf/Upholstery)</p> <p>15:45-16:45 Oakleaf Choir (Oakleaf/Upholstery)</p> <p>18:30-20:00 Parents and Carers Wellbeing Group (Oakleaf, Training Room)</p>	<p>4</p> <p>10:00-12:00 Wellbeing Brunch Café</p> <p>12:30-13:30 Taiso (Guildford United Reformed Church)</p> <p>14:00-15:00 Walking Club (start from Oakleaf)</p>	<p>5</p> <p>10:30-11:30 No Express Yourself Through Sketching</p> <p>12:00-13:00 ActivZone Gym (Guildford College)</p> <p>14:30-15:30 Puzzle & Lego Club (Oakleaf Upholstery)</p> <p>18:00-19:00 LGBTQ + Peer Support Group (online)</p>
<p>8</p> <p>10:00-11:00 Table Tennis (Oakleaf, Training Room)</p> <p>11:00-12:00 Yoga with Jim (Surrey Sport Park-Active Wellbeing Suite)</p> <p>13:00-14:00 Grief and Bereavement (online)</p> <p>16:00-17:15 My Creative Journey (Online)</p>	<p>9</p> <p>10:00-11:00 Building confidence and Self-esteem (Oakleaf/Training Room)</p> <p>13:00-15:00 Tabletop Gaming Club (Oakleaf/Training Room)</p> <p>19:30-20:30 Low Mood -Support Group with Peter (online)</p>	<p>10</p> <p>12:00-13:30 The Crafty Collective (Oakleaf/Upholstery)</p> <p>15:45-16:45 Oakleaf Choir (Oakleaf/Upholstery)</p> <p>18:30-20:00 Parents and Carers Wellbeing Group (Oakleaf, Training Room)</p>	<p>11</p> <p>10:00-12:00 Wellbeing Brunch Café</p> <p>12:30-13:30 Taiso (Guildford United Reformed Church)</p> <p>14:00-15:00 Walking Club (start from Oakleaf)</p>	<p>12</p> <p>10:30-11:30 Express Yourself Through Sketching (Oakleaf/Upholstery)</p> <p>12:00-13:00 ActivZone Gym (Guildford College)</p> <p>18:00-19:00 LGBTQ + Peer Support Group (online)</p> <p>18:00-22:00 Open Door 18-30 (Oakleaf)</p>
<p>15</p> <p>10:00-11:00 Table Tennis (Oakleaf, Training Room)</p> <p>11:00-12:00 Yoga with Jim (Surrey Sport Park-Active Wellbeing Suite)</p> <p>13:00-14:00 Grief and Bereavement (online)</p> <p>16:00-17:15 My Creative Journey (Online)</p>	<p>16</p> <p>10:00-11:00 Building confidence and Self-esteem (Oakleaf/Training Room)</p> <p>13:00-15:00 Tabletop Gaming Club (Oakleaf/Training Room)</p> <p>19:30-20:30 Low Mood -Support Group with Peter (online)</p>	<p>17</p> <p>12:00-13:30 The Crafty Collective (Oakleaf/Upholstery)</p> <p>15:45-16:45 Oakleaf Choir (Oakleaf/Upholstery)</p> <p>18:30-20:00 Parents and Carers Wellbeing Group (Oakleaf, Training Room)</p>	<p>18</p> <p>10:00-12:00 Wellbeing Brunch Café</p> <p>12:30-13:30 Taiso (Guildford United Reformed Church)</p> <p>14:00-15:00 Walking Club (start from Oakleaf)</p>	<p>19</p> <p>10:30-11:30 Express Yourself Through Sketching (Oakleaf/Upholstery)</p> <p>12:00-13:00 ActivZone Gym (Guildford College)</p> <p>18:00-19:00 LGBTQ + Peer Support Group (online)</p> <p>18:00-22:00 Open Door 18.30(Oakleaf)</p>
<p>22</p> <p>10:00-11:00 Table Tennis (Oakleaf, Training Room)</p> <p>11:00-12:00 Yoga with Jim (Surrey Sport Park-Active Wellbeing Suite)</p> <p>13:00-14:00 Grief and Bereavement (online)</p> <p>16:00-17:15 My Creative Journey (Online)</p>	<p>23</p> <p>10:00-11:00 Building confidence and Self-esteem (Oakleaf/Training Room)</p> <p>13:00-15:00 Tabletop Gaming Club (Oakleaf/Training Room)</p> <p>19:30-20:30 Low Mood -Support Group with Peter (online)</p>	<p>24</p> <p>12:00-13:30 The Crafty Collective (Oakleaf/Upholstery)</p> <p>15:45-16:45 Oakleaf Choir (Oakleaf/Upholstery)</p> <p>18:30-20:00 Parents and Carers Wellbeing Group (Oakleaf, Training Room)</p>	<p>25</p> <p>10:00-12:00 Wellbeing Brunch Café</p> <p>12:30-13:30 Taiso (Guildford United Reformed Church)</p> <p>14:00-15:00 Walking Club (start from Oakleaf)</p>	<p>26</p> <p>12:00-15:00 Oakleaf Client BBQ Summer Party/No Other Activities</p>
<p>29</p> <p>10:00-11:00 Table Tennis (Oakleaf, Training Room)</p> <p>11:00-12:00 Yoga with Jim (Surrey Sport Park-Active Wellbeing Suite)</p> <p>13:00-14:00 Grief and Bereavement (online)</p> <p>16:00-17:15 My Creative Journey (Online)</p>	<p>30</p> <p>13:00-15:00 Tabletop Gaming Club (Oakleaf/Training Room)</p> <p>19:30-20:30 Low Mood -Support Group with Peter (online)</p>			

For all enquiries or to register for an activity please email mariannkallai-walker@oakleaf-enterprise.org OR call 01483 303649

June 2026

WELLBEING ACTIVITIES CALENDAR

ACTIVITIES IN WAVERLEY - NEW ACTIVITIES STARTING THIS MONTH ARE SHOWN IN BLUE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3 10:00-11:00 Managing Stress and Anxiety (Ockford & Aaron Hill Hub, Godalming) 13.45-14:45 Yoga for All (Surrey Holistic Centre of Functional Medicine, Godalming)	4 10:30-11:30 Botanical Drawing Class (Cranleigh Methodist Church)	5
8	9	10 10:00-11:00 Managing Stress and Anxiety (Ockford & Aaron Hill Hub, Godalming) 13.45-14:45 Yoga for All (Surrey Holistic Centre of Functional Medicine, Godalming)	11 10:30-11:30 Botanical Drawing Class (Cranleigh Methodist Church)	12
15	16	17 10:00-11:00 Managing Stress and Anxiety (Ockford & Aaron Hill Hub, Godalming) 13.45-14:45 Yoga for All (Surrey Holistic Centre of Functional Medicine, Godalming)	18 10:30-11:30 Botanical Drawing Class (Cranleigh Methodist Church)	19
22	23	24 10:00-11:00 Managing Stress and Anxiety (Ockford & Aaron Hill Hub, Godalming)(Last Session) No Yoga for All session	25 10:30-11:30 Botanical Drawing Class (Cranleigh Methodist Church) (Last Session)	26 12:00-15:00 Oakleaf Client BBQ Summer Party/No Other Activities
29 10:00-14:00 Alice Holt Forest Trip	30			

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Safe Haven is open every day 18:00-23:00