Our partners

oakleaf
MAKING LIFE WORK WITH MENTAL ILLNESS

Guildford, Waverly and Mole Valley
www.oakleaf-enterprise.org

catalyst
SUPPORTING WELLNESS TOGETHER

Epsom and Ewell, Waverly, Woking and Elmbridge
www.catalystsupport.org.uk

the Hope Hub

Reigate and Banstead, Spelthorne, Runnymede and Surrey Heath
www.thehopehub.org.uk

Scan for information and referrals or email
russelllewis@oakleaf-enterprise.org

What is outreach support?

Outreach means we come to you in your community, at a pace that works for you.

A dedicated worker will meet you where you are, both in terms of your location and your current situation.

What to expect

Your first conversation is just a chat - no commitment. We'll talk through what's going on and what support might help.

We take time to understand the whole person and build support around what actually matters to you.

Who delivers it

Support is delivered by trained assertive outreach workers from well-established charities across Surrey using a trauma-informed, client-centred approach that flexes as your needs change.

Journeying Together

SURREY-WIDE MULTIPLE DISADVANTAGE ASSERTIVE OUTREACH SERVICE

Is this for you?

Journeying Together is for adults (18+) living in Surrey who are experiencing two or more of:

- Homelessness - including risk of losing your home, sofa surfing, or temporary accommodation
- Substance use - drugs, alcohol, or prescription medication
- Mental health difficulties – no formal diagnosis required
- Contact with the Criminal Justice System – past or present
- Domestic or sexual violence/abuse

You don't need to be in crisis to reach out - we will support you wherever you are in your journey.

Not sure if you qualify? Get in touch anyway. If we can't support you directly, we'll help you find a service that can.

If this sounds like you, we'd like to hear from you.

What support looks like

Support is built around you: your goals at your pace. We work to understand the whole of what's going on in your life, not just the issue that you referred for.

Up to 24 weeks of one-to-one, trauma-informed support.

1. Get in touch - self-refer or ask a professional to refer you.
2. We'll get to know you and what's going on.
3. We build a support plan together and connect you with other services where useful.
4. Ongoing support, at your pace, for up to 24 weeks that is then stepped down gradually with a plan for what comes afterwards.

What this can include:

- Coming with you to appointments.
- Speaking up for you with other services (housing, benefits, GPs, courts).
- Coordinating with everyone supporting you to reduce the need to repeat your story.
- Bringing the right people together around you when it is useful.

Information you share is kept confidential and only shared with your consent, except where there is a serious safety concern.

Ready to talk?

Scan this code to refer yourself.

Working with someone who might benefit? Scan this code to make a professional referral.

Can't scan?
Visit www.oakleaf-enterprise.org/outreach-support/

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